

Robert Skversky, M.D.
Curriculum Vitae

PERSONAL

NAME: Robert Skversky, M.D.
BIRTHPLACE: March 25, 1944, El Paso, Texas
AGE: 63

EDUCATION

Penn State University
1962 - 1966 Bachelor of Arts Degree

Hahnemann University - Philadelphia, Pennsylvania
(Formerly Hahnemann Medical College)
1966 - 1970 M.D. Degree

EXPERIENCE

Internship
Springfield Hospital Medical Center - Massachusetts
1970 - 1971

Family Practice Residency
Hoag Memorial Hospital - California
1971 - 1973

Emergency Room Physician
Hoag Memorial Hospital - California
1974 - 1980

Private Practice, Newport Beach, California
1974 - 1994

Bariatric Practice - Newport Beach, Temecula and Beverly Hills, California
1992 - Present

HONORS

Diplomate American Board of Family Practice
1974

Medical Director of Alcoholic Drug Diversion Center - Costa Mesa, California
1985 - 1987

Medical Director of Warner Village Medical Laboratory - California
1980 - 1990

HONORS - CONTINUED

Medical Director of St. James Episcopal Church Counseling Center - California
1986 - 1987

Consultant to Wyeth Ayerst: Introduction to Redux, Scottsdale, AZ, 1996

Advisory Board Consultant - Smith Kline Beecham, Costa Mesa, CA, 2000

Regional Consultant Initiative - Ritz Carlton, Laguna Niguel, 2001

Advisory Board Consultant - Forrest Pharmaceuticals, Four Seasons Resort Aviara,
Carlsbad, CA, 2001

PROFESSIONAL ASSOCIATIONS

Member American Society of Bariatric Physicians
1995 - Present

Member American Medical Association

Member Orange County Medical Association

SEMINARS

CME - "The Skinny on Fat"
Hoag Memorial Hospital Cardiology Conference - 1995

"Obesity - The Controversy, The Conflict, The Crisis"
Pfizer - Costa Mesa, California - 1998

"Obesity - What Works, What Doesn't and Why"
Pfizer - Newport Beach, California - May, 2001

Multiple Public Seminars
Newport Beach, Temecula, Costa Mesa, Irvine and Sausalito, California - 1995 - 2001

Radio Program "Dietary Supplements For Weight Loss - Slim Your Wallet, Not Your
Waist" - 2001

"Obesity - What Works, What Doesn't and Why"
Pfizer - Santa Ana, California - May, 2002

Advisory Consultant – Forest Pharmaceuticals
Carlsbad, California - 2004

Obesity Conference
Newport Beach Business Club – December, 2005

ARTICLES

"Downsizing" for a Healthier and Longer Life

Overweight Individuals need "Weight No More"

Mayo Clinic "Study"

Lessons Learned from Phen-Fen

"An open letter to patients of Weight No More"

Weight No More's Believe It Or Not (I and II)

Letter to Florida Medical Board

Letter to Oprah Winfrey and Dr. Phil

Letter to MSNBC regarding diets and weight loss

O.C. Health Magazine – "Dispelling the Myths"

Part I "Waist Management" - a Medical Perspective

Part II Exercise and Weight Loss (bit of a run-around)

Part III Dietary Supplements for Weight Loss (slim your wallet, not your waist)

O.C. Health Magazine

Pharmacotherapy for Medical Weight Loss – Part 1

Pharmacotherapy for Medical Weight Loss – Part 2

O.C. Health Magazine / Fatnews.com

"Alli" – New OTC Fat Blocker? Flushing Out The Truth

MISCELLANEOUS

Dr. Skversky was featured in The Wall Street Journal "A New Breed Of Diet Pills"
August, 2006

Appeared on Good Morning America, The Today Show and The Early Show as
part of a program on "Off Label" use of medication for weight loss. October 2006,
November 2006, January 2007